

# Academic Advising

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Academic Advising provides individual attention and guidance to students as they transition into the University and begin to explore their educational interests. Faculty Advisors encourage students to reflect on their course selections and experiential learning opportunities, enabling them to make informed choices about their educational and professional direction. By connecting students to a wide variety of support services, we seek to promote students' development and to facilitate their success.

Through our first-year *Academic Advising* course, we teach students how to obtain the most from their education. Topics include understanding the value of a liberal arts education and the core requirements, conveying professionalism, assessing and strengthening study skills, learning time management, making informed educational and professional choices, and maintaining student wellness.