

# Counseling Minor

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## About

The Education and Counseling Department undergraduate offerings include a Major in Secondary Education, two different Minor in Education programs, a Minor in Counseling, and a combined [BA/MA in Education](#). The Secondary Education degree has been approved by the Pennsylvania Department of Education (PDE) to recommend candidates for Level I Certification in order to teach in grades 7 through 12 in Pennsylvania’s public schools. Faculty in the department are highly engaged in both theoretical and practical research related to education and counseling.

**Program:** Education and Counseling  
**Type:** Minor

## MINOR: Counseling (15 credits)

The Minor in Counseling exposes students to knowledge of the field of counseling and the counseling process, evidence-based therapeutic practices, and the application of counseling skills. The minor is not intended to replace graduate level professional training, but to prepare students for entry level helping careers, for advanced graduate work, or to complement coursework from a variety of majors.

### *Program Notes:*

- Courses that fulfill minor requirements may be used to fulfill other requirements (i.e., primary major, core curriculum, minors, concentrations, or free electives).
- Students interested in declaring the counseling minor must have a minimum GPA of 3.0

<b>Course</b>	<b>Title</b>	<b>Credits</b>
COU 2000	Introduction to Counseling	3
	COU 3500 or PSY 3700	3
	COU 3100 or three one-credit COM 5300 workshops	3
	COU 3400 or COU 2500	3
	COU 3600 or COU 3700	3

## Category Descriptions

### COU 3500 or PSY 3700

Credits: 3

Select one of the following:

<b>Course</b>	<b>Title</b>	<b>Credits</b>
COU 3500	Devlp Perspective to Diagnosis	3
PSY 3700	Psychopathology	3

### COU 3100 or three one-credit COM 5300 workshops

Credits: 3

Note: COM 5300 is a 1-credit, 10 hour workshop. Students who select this route must take three one-credit COM 5300 workshops to fulfill the requirement.

<b>Course</b>	<b>Title</b>	<b>Credits</b>
COU 3100	Group Counseling	3
COM 5300	DialogueIdentity&SociaJustice	1

### COU 3400 or COU 2500

Credits: 3

<b>Course</b>	<b>Title</b>	<b>Credits</b>
COU 3400	Culturally Competent Counselng	3
COU 2500	Counseling for Women	3

### COU 3600 or COU 3700

Credits: 3

Select one of the following:

<b>Course</b>	<b>Title</b>	<b>Credits</b>
COU 3600	Motivational Counseling Skills	3
COU 3700	Family & Couples Counseling	3